

the old frizzle

our drinks

what ' s o n

2 for £15 cocktails

monday - friday 4 - 7pm
& all night thursday

live music

every friday & saturday from 9pm

quiz of legends

sunday, starting at 8pm

we're serious about sports

scan to see what's live & loud this week



beers

SWELL gipsy hill 4.0% 6.3 ♡ ♧
the world's first carbon-negative lager

learn more



LITTLE VICTORIES mondo brewery V 4.3% 6.7 ♡
all the hop, character & aroma of an old school ipa with a lower abv

COLDHARBOUR LAGER brixton brewery VG 4.4% 6.5 ♡
fresh, vibrant & alive with clean & floral flavours

HEPCAT gipsy hill 4.6% 6.6 ♡
a fruity session ipa, full of vibrant stone fruit & mandarin flavours

JUBEL PEACH VG GF 4% 6.9 ♧
lively peachy lager with a fruity punch

ASPALLS CYDER 4.5% 5.9
crisp, medium dry cider from suffolk

MADRI 4.6% 6.2
a modern european lager; crisp, clean & refreshing

PRAVHA 4% 5.7
light & refreshing premium czech pilsner

GUINNESS VG 4.1% 6.8
smooth & velvety stout. the good stuff

snacks

fries / chips GF VG 4.5

pork scratchings GF 3.7

mixed olives GF VG 5

smoked spanish almonds GF VG 4.5

peanuts & crisps 2

on rotation...

we've got rotational beers on tap from our fave indie
breweries in london. ask a member of the team to find out
about our current beer on rotation.

- can't decide? grab a beer flight to sample 3 flavours 6.5 -

♡ = we love local / eco friendly & organic = ♧

from the fridge

cans & bottles

check out our fridges for a neat & tidy range of independent craft beers alongside signature international brands.

softs & juices

DALSTON'S SODA soda with soul. full flavour, no nasties 3.6

COAST white tea & yuzu soda 3.1

REAL KOMBUCHA ROYAL FLUSH a fine sparkling tea 3.9

RHUBARB & STRAWBERRY JUICE from loddington farm in kent 3.8

PEAR & GINGER JUICE from loddington farm in kent 3.8

CAWSTON PRESS just pressed fruit. no additions 2.5

- selection of fresh juices always available -

low & no

SCAVI & RAY 0% clean sparkling with medium body & length 3.75 | 20

DAYS PALE ALE 0.0% 100% beer, 100% natural VG 5.1

LUCKY SAINT SUPERIOR UNFILTERED 0.5% refreshing & a crisp finish VG 5.5

CORONA CERO 0.0% sunshine lager with moderate malt & grainy aromas 5

KOPPARBERG MIXED FRUIT CIDER 0.0% raspberry & blackcurrant 6

- find non-alc cocktails in our 'mocktails' section -

- heads up... everything on this page is 2 for £15
every monday - friday, from 4-7pm & all night thursday -

classic cocktails

- SLOE BLOOD ORANGE SPRITZ** haymans sloe, doppleganger & lixir blood orange tonic 11
- TOM'S ENGINE** engine gin, lemon juice, sugar & soda 11
- ESPRESSO MARTINI** sapling vodka, kahlua, espresso & vanilla 10.5
- PORNSTAR MARTINI** sapling vodka, passoa, prosecco, passionfruit & vanilla 10.5
- ELDERFLOWER MARGARITA** olmeca tequila, st germain, triple sec, sugar & lime 10.5
- MARGARITA** olmeca tequila, triple sec, sugar & fresh lime 10.5
- NEGRONI** sapling gin, campari & antica formula vermouth 10.5
- MOJITO** havana 3yo, mint, sugar, lime & soda 10.5
- OLD FASHIONED** woodford reserve, angostura bitters & sugar 10.5
- BLOODY GOOD MARY** sapling vodka, bloody ben's, tomato juice & tabasco 10.5
- KENTUCKY SOUR** jack daniels, chambord, lemon juice, egg white & ginger syrup 10.5
- **QUARTER MARGARITA** made with quarter spirits, with 1/4 of the amount of alcohol. sessionable, delicious, guilt-free sipping 10.5 -

with montin
blood orange
syrup

make it spicy;
just ask!

mocktails

- ESPRESSO MARTINI** lyre's non alcoholic spirit, espresso & vanilla 9.5
- MARGARITA** lyre's non-alcoholic spirit, sugar & lime 9.5
- MOJITO** lyre's non-alcoholic spirit, mint, sugar, lime & soda 9.5
- PORNSTAR** lyre's non-alcoholic spirit, passionfruit, lime & vanilla 9.5
- BLOODY MARY** tomato juice, bloody ben's, lemon & tabasco 6

- find more non-alc drinks in our 'from the fridge' section -

signature cocktails

- celebrating independent & signature brands alongside
the creativity of our team -



RUSTLING AUTUMN SPRITZ
all the flavour of a
timeless spritz, without
the hangover!

non-alcoholic

orange juice, basil,
lemon, sugar & soda
6.5



BRIXTOPOLITAN

a daring spin on the
classic cosmo, swapping out
the usual vodka for
fantastic local market row
rum.

market row rum, triple sec,
cranberry juice & lime
12.5



TOMMY'S MEZCARITA

a lively twist on a
classic tommy's with
smoky, spicy hints &
zingy lime. delish!

quiquiriqui mezcal,
agave, lime, coriander
& chilli
12.5



CURIOUS BRAMBLE

a delightful deviation
from the usual
bramble, with a touch
of extra sweetness.

jensen's old tom gin,
lemon, vanilla &
blackberry liquor
12.5

NUTTY BOO
delightfully nutty
amaretto, perfectly
paired with zero-
waste pure milk
vodka.

black cow vodka,
amaretto, maple
syrup, lime, apple
juice & fresh ginger
12



STORYWOOD SOUR

tangy, lively & sure to
brighten both your mood &
your taste buds.

storywood tequila, triple
sec, lime, vanilla & egg
white
13.5

white

175ml | 250ml | 750ml

GALASSIA PINOT GRIGIO garda doc, veneto, italy 2021 6.6 | 9.15 | 27
a crowd-pleasing, classic pinot with crisp notes & a light body

RAILS & TRAILS SAUVIGNON BLANC australia 2021 8 | 11.15 | 33
zesty & crisp, with an easy-going, zippy finish

SAVANHA CHENIN BLANC western cape, south africa 2021 7.5 | 10.55 | 31
elegant dry white wine, brimming with a basketful of exotic fruit

PETALO WHITE BODEGAS GALLEGAS spain 2020 V 6 | 8.35 | 24
an easy-drinking wine with pear & citrus flavours

LES PINS DE CAMILLE PICPOUL DE PINET france 2021 VG 7.5 | 10.55 | 31
vibrant acidity, lemon & white blossoms

sparkling

125ml | 750ml

PROSECCO DOC SPUMANTE ADALINA friuli venezie giulia, italy nv V 7.5 | 33
lively bubbles, fruity aromas & flavours of citrus & white stone fruit

THREE CHOIRS CLASSIC CUVÉE gloucestershire, united kingdom nv VG 42
a traditional, english sparkling. classic biscuit & brioche flavours

CHAMPAGNE DERICBOURG CUVÉE DE RÉSERVE BRUT france nv VG 10.5 | 48
biscuity, floral nose with a mineral, lively & elegant character

SCAVI & RAY NON-ALCOHOLIC SPARKLING veneto, italy 3.75 | 20
refreshing, authentic, clean. pleasantly sweet, with medium body & length

rosé

175ml | 250ml | 750ml

PINOT GRIGIO BLUSH doc venezie, trevenezie, italy 2021 V 6.6 | 9.15 | 27
light & refreshing, with wild strawberries & summer fruits

MIRADOU ROSÉ IGP MEDITERRANEE provence, france 2022 8.4 | 11.95 | 35
a classic provence rosé, light-hearted & full of flavour

red

175ml | 250ml | 750ml

PRIMITIVO GRIFONE puglia, italy 2021 VG 7 | 9.85 | 29
hints of liquorice & blackberry, deep flavours of plums & stewed cherries

LAZTANA CRIANZA RIOJA bodegas olarra, spain 2020 8.4 | 11.95 | 35
cherry coloured, full body with red fruit aromas, spice & savoury notes

BOCA A BOCA VINO TINTO spain nv VG 6 | 8.35 | 24
rich, concentrated flavours with blackberry & plum

MERLOT COLLINE DI CERVI italy nv 6.6 | 9.15 | 27
ruby red, easy drinking, full flavour & a light body

FRUNZA PINOT NOIR banat, romania 2021 7.4 | 10.25 | 30
flavours of cherry, raspberry & plums with a slightly spicy finish

VALCHETA MALBEC mendoza, argentina 2020 8 | 11.15 | 33
a delightful, fruity malbec with silky cassis & a hint of dark chocolate

SPIER CABERNET SAUVIGNON stellembosch, south africa 2021 7.6 | 10.6 | 31
rich, spicy, wintery red. with a smooth palate & refreshing finish

spirits

vodka

baller 5.1 ♡
sapling 4.7 ♧
sapling hibiscus 5.2 ♧
black cow 5 ♧
black cow straw 5 ♧
reyka 5.1
grey goose 5.6

try a reyka
solstice spritz;
add dry vermouth
& tonic. delish!

gin

quarter gin 5 ♧
jensen's dry 5.5 ♡
jensen's old tom 5.5 ♡
sapling 4.7 ♧
haymans 4.8 ♡
haymans old tom 5 ♡
monkey 47 5.6
engine 5.6
beefeater 4.6
beefeater pink 4.6
hendricks gin 5.2

enjoy with
tonic & a
slice of
cucumber

1/4
strength
spirits

rum

two drifters lightly spiced 4.9 ♧
two drifters signature 4.9 ♧
market row botanical 4.8 ♡
bush rum passionfruit 5
havana 3yo 4.5
sailor jerry spiced 4.7

tequila

el rayo plata 5.5 ♡
el rayo reposado 5.6 ♡
quarter tequila 4.9 ♧
cazcabel honey 4.7
storywood 6.4
cazcabel coffee 4.7
bandero coffee 6.2
olmeca 4.7
quiquiri qui 6.2

mezcal

whisky

busker whisky 5.6
monkey shoulder 5.1
jack daniel's 4.5
jack daniel's honey 5
jamesons 4.9
woodford reserve 5.3

add ginger ale
& an orange
wedge for a
winning combo

fancy a malt whisky? ask at the bar

we love local

we're all for championing local & sustainable businesses. unique flavours, ingenious practices & cult classics. scan here to learn about a few of our faves



livelyhood

independent & inviting pubs, right up your street

learn more at
www.livelyhood.co.uk

*this paper is made from brewers spent grain;
a by-product of the brewing industry*